

There are over 500 recipes in this classic work from one of the country's most respected food writers. First published in the 1980 and twenty years in the making but unavailable for many years Elisabeth Luard has now revisited the work for the first time since publication to revise, expand and update it. The recipes come from twenty-five countries, ranging from Ireland in the west to Roumania in the east, Iceland in the north to Turkey in the south. This enormous compendium covers Vegetables dishes, Potato dishes, Bean, Lentils, Polenta and Cornmeal, Rice, Pasta and Noodles, Eggs, Milk and Cheeses, Fish, Poultry, Small Game, Pork, Shepherd's Meats, Beef, Breads and Yeast Pastries, Sweet Dishes, Herbs, Mushrooms and Fungi, Oils, and Preserves. Written with the scrupulous attention to detail and authenticity that is the hallmark of Elisabeth Luard's cookery writing, the recipes are peppered with hundreds of fascinating anecdotes and little known facts about local history and folklore. Elisabeth Luard is the author of ten cookbooks and two volumes of autobiography.

Bad Apple: Book One of the Warner Grimoire (Volume 1), Daughter of Regals, The Power of Protein, Where the Stress Falls, Exploring the West: Tales of Courage on the Lewis and Clark Expedition (Setting the Stage for Fluency), Kids Draw Angels, Elves, Fairies, & More, Grays Clinical Photographic Dissector of the Human Body Elsevieron VitalSource (Grays Anatomy), The Seascape Tattoo, Vic: Fast! (The Incredible Adventures of Vic Challenger Book 5), The Crossing,

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